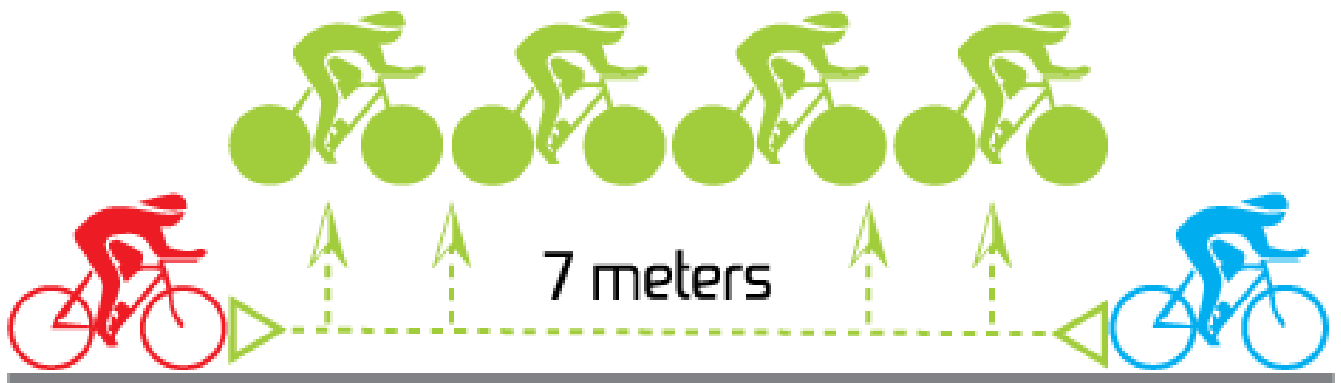




## Drafting Rules

**DRAFTING = DISQUALIFY**

### Drafting Zone



**All of the Tri Dash races are NON DRAFTING races.**

Drafting is when you ride closer to another bike within 7 meters

Entering the draft zone of less than 7m requires overtaking within 20 sec → failure to complete overtaking within 20 sec will lead to drafting violation.

Once front wheel of overtaking athlete passes front wheel of athlete being overtaken, overtaken athlete must drop back 7m before re-overtaking → failure to drop back 7m will lead to blocking violation.

No side by side riding when not overtaking → position violation.

**All violation will lead to...**

1. **A Warning**
2. **Step Down Penalty** (Athletes must stop their bike with both feet on the ground in order to continue biking)
3. **Timing Penalty**
4. **Disqualify from the race**